**SKILL: Recovery Position**

**LEARNER NAME: DATE: / /**

*\*\*Learner expected to introduce him/herself and ask for consent at all times*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **PERFORMANCE** | **Possible Points** | **Points Obtained** | **Competent** | **Omitted** |
|  | **Learner to identify common causes of unconsciousness** |  |  |  |  |
|  | Check responsiveness |  |  |  |  |
|  | Assess a pulse and checks breathing for no longer than 10 seconds |  |  |  |  |
|  | **Learner advised that patient has a pulse and is breathing appropriately** |  |  |  |  |
|  |  |  |  |  |  |
|  | Physically assess patient for obscured objects that may cause harm |  |  |  |  |
|  | Remove unsafe objects for patient’s safety |  |  |  |  |
|  | Roll patient laterally  1. Lift the patient’s leg to an upright position  2. Gently move the patient’s arm across his chest (ensuring it’s the same arm as the raised leg)  3. Gently roll the patient over |  |  |  |  |
|  | Support the head as patient is turned |  |  |  |  |
|  | Ensure the uppermost arm rests at right angle to the body |  |  |  |  |
|  | Maintain an open airway |  |  |  |  |
|  | Reassess Breathing |  |  |  |  |
|  | Reassess Pulse |  |  |  |  |
|  |  |  |  |  |  |

References:

* PHECC
* AHA

**Overall assessment of learner’s performance:**

**NOT YET COMPETENT**

**COMPETENT**

Assessor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Comments\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

